

3 DAYS ROCK CLIMBING COURSE

DOLOMITES

Dolomites are a unique playground for all of those outdoor activities you can do on mountains... climbing especially!

The following program wants to make you able to discover the gorgeous beauty of Dolomites learning all the techniques you have to know in order to practice rock climbing in the safest and correct way.



PROGRAM:

Day 1°: meeting in the morning and transfer to the climbing crag where we will have a briefing about safety rules and goal of the course. Explanation of all the materials we are going to use and climbing on easy ground to check the participants skills.

Day 2°: climbing technique on different rock formations, belay stations, different kind of anchors, abseiling.

Day 3°: multipitch route where we will have the opportunity to see all the rope manoeuvres we saw during the course. The route will be chosen according to the participants skills.

Program could be changed cause organization problem or meteorological conditions.

INFO:

MARCO KULOT | UIAGM/IFMGA Mountain Guide

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SCHEDULE

Activity: rock climbing

Difficulty:

beginner - intermediate

Period: June - October

Price: € 490,00 per person
(with 2 participants)

What to bring with you:

- high mountain clothes and protective sunglasses
- harness
- helmet
- climbing shoes
- backpack (30-40l)

Fee includes:

- UIAGM/IFMGA Mountain Guide service
- use of common gear (ropes, carabiners, etc.)

Fee doesn't include:

- personal gear rental (available on request)
€ 5,00 per piece per day
- transfers, lifts, meals and overnights
- anything not specified in the "fee includes"