

ICE CLIMBING STAGE

DOLOMITES

Would you enjoy winter mountain climbs? Ice falls world is the best choice for this kind of activity; it enables you to experience true climbing moves in a great snowy mountain environment.

Dolomites are such a paradise for the ice climber. Some of the most beautiful ice falls of the Alps are waiting for you in the unique landscape of Dolomites.



PROGRAM:

Day 1°: meeting in the morning and transfer to the ice climbing wall.

Subjects: ice climbing gear, safety rules, rope manoeuvres on single pitch, climbing.

Day 2°: climbing technique on different ice formations, different kind of anchors, ice screws placement, ice quality, belay stations, abalakov, abseiling.

Day 3°: multipitch ice fall – the climb will be choose according to the participant's skills - where we will be able to practice all the things we learned in the past days.

Program could be changed cause organization problem or meteorological conditions.

INFO:

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SCHEDULE

Activity: ice climbing

Difficulty:

beginner - intermediate

Period: December - March

Price: € 340,00/pers.
(with 4 participants)

What to bring with you:

- helmet and harness
- cramponable mountain boots
- thermos
- double pair of gloves
- trekking poles
- snacks / energy bars
- backpack 30-35 l

Fee includes:

- UIAGM/IFMGA Mountain Guide service
- use of common gear (ropes, carabiners, ice screws, etc.)

Fee doesn't include:

- personal gear rental (available on request)
- € 5,00 per piece per day
- transfers, lifts, meals and overnights in the huts
- guide's expenses
- anything not specified in the "fee includes"